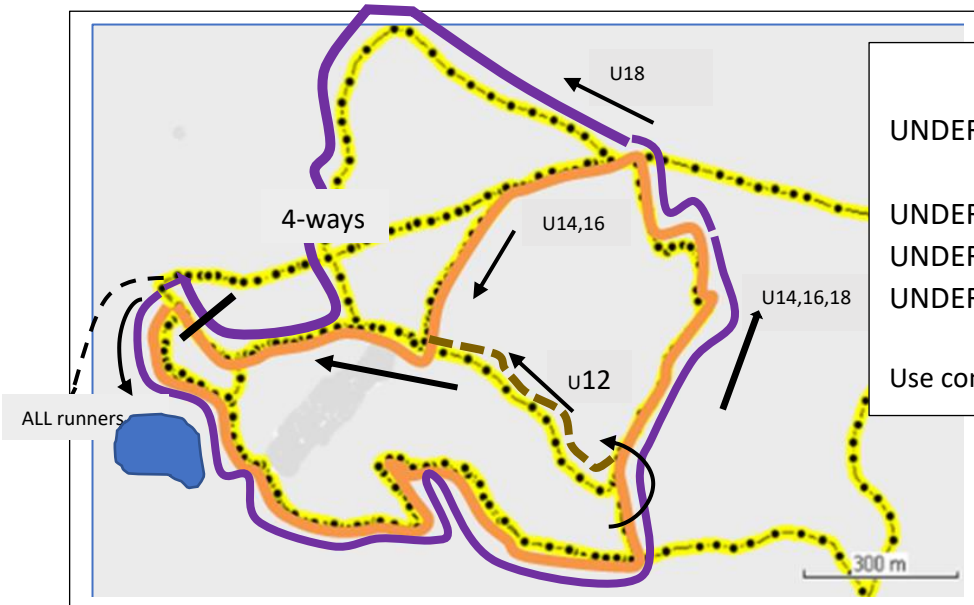




WOODY YALOAK ATHLETICS CLUB

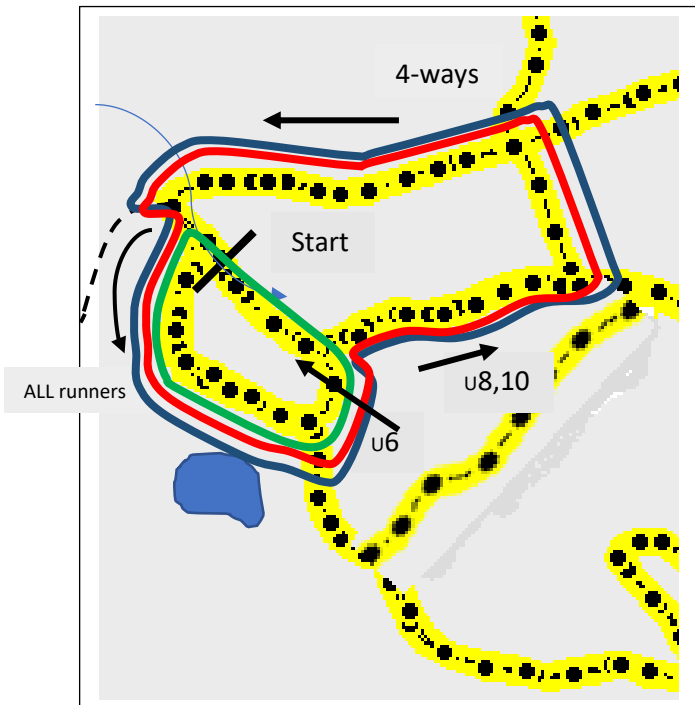
Dam Handicap Haddon Common



Senior race

UNDER 12 2580m (orange/turnoff brown broken lines)
 UNDER 14 3500m (Orange)
 UNDER 16 3500m (Orange)
 UNDER 18 3950m (Purple)

Use cones on arrows



Junior race

UNDER 6 500m (Lap around dam loop)
 UNDER 8 1200m loop Same as u10
 UNDER 10 1200m loop Same as u8
 NOTE: Both age group courses will finish from opposite direction.

Use cones on arrows and cone around 4ways corner