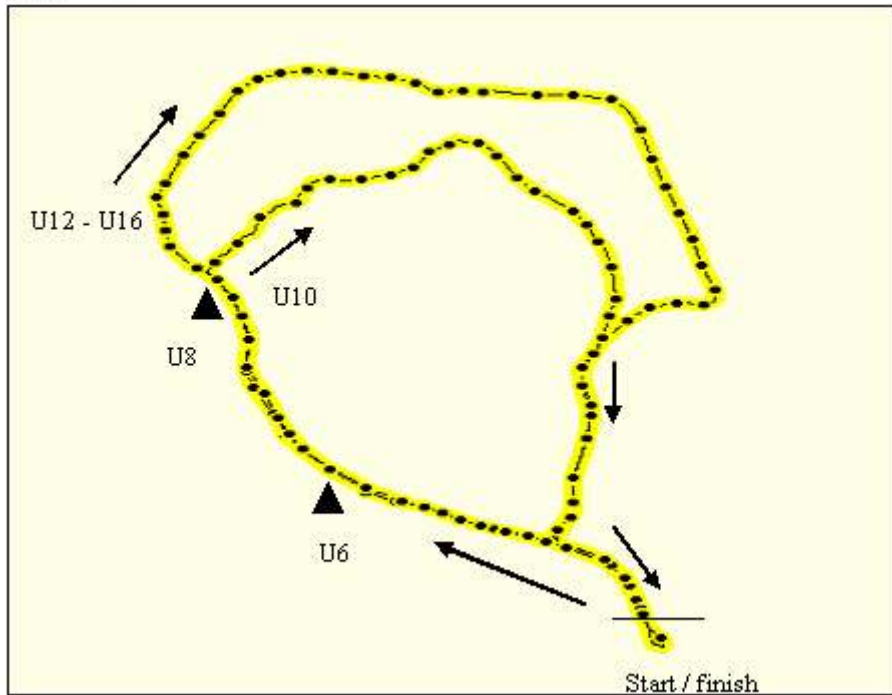




WOODY YALOK ATHLETICS CLUB

Getsom Family Handicap Piggoreet



Under 6	600m	300m out & back
Under 8	1000m	500m out & back
Under 10	1600m	1 small loop
Under 12	2600m	1 big loop
Under 14	3200m	300m out & back then 1 big loop
Under 16+	4200m	1 small loop then 1 big loop