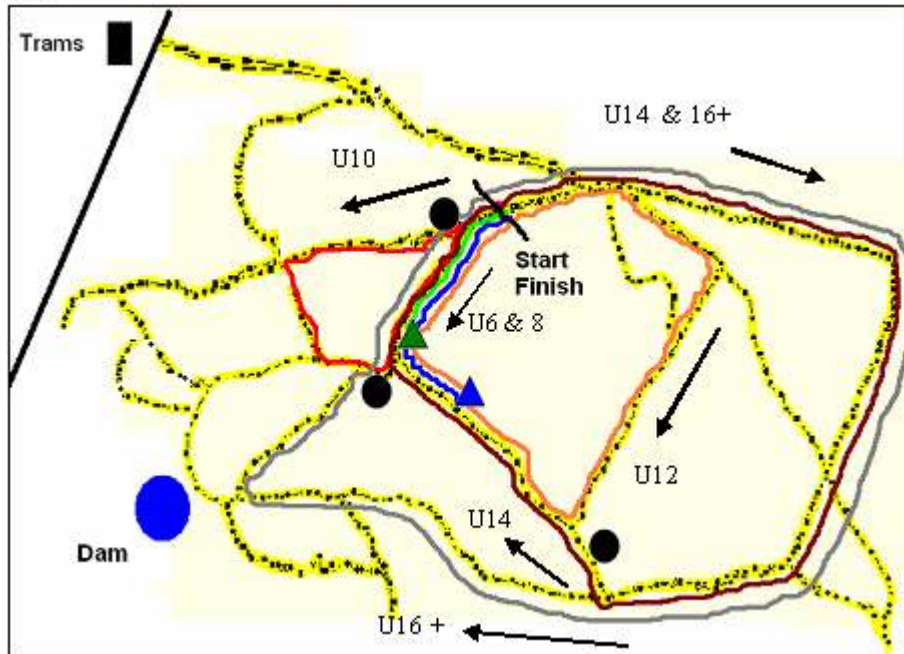




WOODY YALOK ATHLETICS CLUB

Gun Club Handicap



Under 6	500m	250m out & back
Under 8	800m	400m out & back
Under 10	1100m	1 Small loop
Under 12	1850m	1 big loop
Under 14	2650m	1 large loop
Under 16+	3600m	1 extra large loop