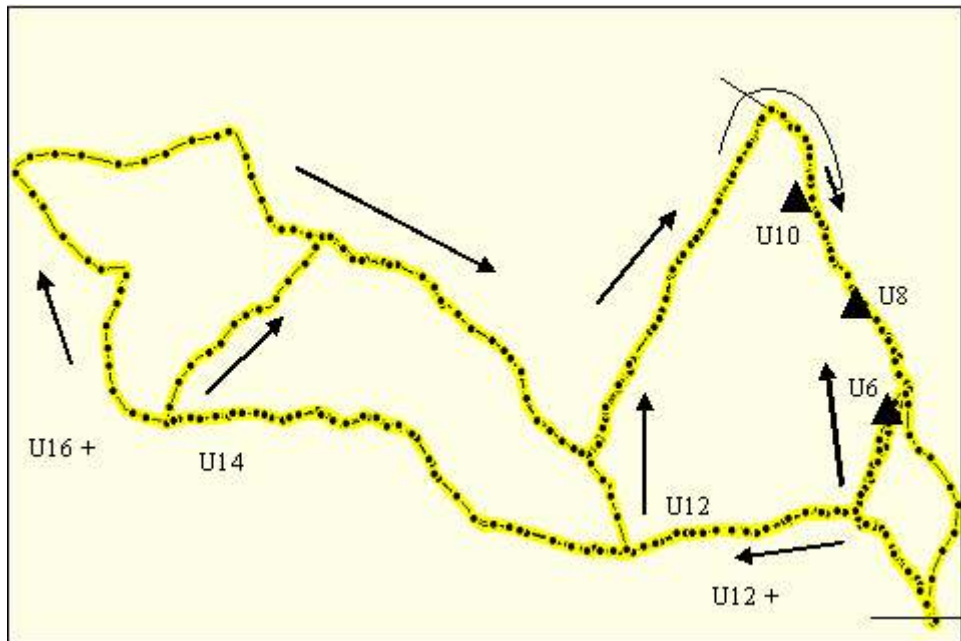




WOODY YALOK ATHLETICS CLUB

South Common Handicap Haddon Common



Under 6	600m	250m out & back
Under 8	1000m	400m out & back
Under 10	1400m	1 small loop
Under 12	2050m	1 big loop
Under 14	3650m	1 large loop
Under 16+	4300m	1 extra large loop