



## WOODY YALOK ATHLETICS CLUB COMPETITION PROTOCOLS

2020-2021 Summer Track & Field Season

27<sup>th</sup> October, 2020

### Victorian Government Guidelines

Restrictions have been put in place to minimise the spread of COVID-19. Woody Yaloak Athletics Club (WYAC) has reviewed guidelines released by the Department of Health & Human Services and have devised the following protocols in line with Athletics Victoria to assist a safe return to competition. All protocols in this document will be made available to all members, athletes, coaches, officials, volunteers, committee members, families, sponsors, venue managers and other stakeholders. They will be communicated by email, WYAC Facebook page and Team App.

### Resources for Corona Virus Updates

Sport and Recreation Victoria

<https://sport.vic.gov.au/our-work/return-to-play/Restrictions-for-areas-outside-of-metropolitan-Melbourne>

Department of Health and Human Services

<https://www.dhhs.vic.gov.au/coronavirus>

### Explanations

*Parent/guardian:* the parent/guardian is responsible for supervising their child throughout the competition. The presence of parents/guardians is required for WYAC to conduct a safe competition. Children must not be dropped off or left unsupervised – “No parent/carer - no play.” Before competition, details must be added to the attendance register. Parents/guardians are to minimise social interaction prior to, and after competition.

*Spectators:* includes relatives, friends and members of the general public whose presence is not essential for the conducting competition.

*Attendees:* all in attendance during the competition.

*Competition:* refers to the summer track & field competition, for the 2020 – 2021 season.

*Venue manager:* the body responsible for the management of the venue.

*Stakeholders:* those interacting with the club, such as athletes, families, volunteers, committee members, venue managers, those sharing facilities, sponsors, Local Government Organisation and local media outlets.

## General Protocols

- WYAC has an appointed COVID Safe Official, who will be present each Friday. They will ensure that protocols are adhered to.
- Attendees contact details will be registered upon arrival.
- Attendees will be expected to maintain 1.5 meters of physical distancing at all times. However, athletes are exempt from this.
- Attendees should avoid all contact with others. For example, hand shaking and giving high fives.
- All attendees 12 years of age and over must wear a face covering to the venue. Athletes (12 years and older) not competing must also wear a face covering. Athletes are not required to wear a mask when competing. Masks must be worn when finished events and vacating facility
- High standards of personal hygiene will be maintained.
- Competition events will adhere to prompt time frames, which will be signalled by a whistle.
- Supervising parents/guardians must be present.
- Spectators are not required or essential to the conducting of the competition and cannot attend.
- Competition group sizes cannot exceed 10 athletes at a time (officials, parents/guardians, coaches are exempt).
- Changeroom and toilet access is permitted. However, access to general clubrooms is not permitted.
- WYAC canteen will not be in operation until notified.

## Hygiene

High standards of personal hygiene will be maintained. This includes...

- Routine hand sanitation and equipment disinfected before and after each athlete.
- Adults disinfect equipment **not** children. Each group will have sanitiser provided and a COVID Safe Official will oversee and ensure COVID safe practices.
- Attendees must cover over a sneeze or cough with an elbow or a tissue rather than hands and immediately dispose of used tissues in the bin. They should also wash hands after sneezing/coughing. Spitting is not permitted.
- Face coverings are to be worn by all attendees 12 years of age and older.
- Participants must use hand sanitiser prior to commencement and completion of any event.
- Attendees must thoroughly wash their hands after using the toilets.
- Hand sanitiser will be supplied.
- Disinfectant wipes will be available at each event where equipment is being used.
- Information will be distributed and displayed concerning COVID safe hygiene practises.

## **Social Distancing**

Social distancing must be strictly adhered to by all attendees. Physical distancing of 1.5 meters should be maintained at all times. Attendees must not gather in groups exceeding 10 people.

## **COVID Safe Official (CSO)**

CSOs will complete the free online Australian Government COVID-19 Infection Control Training course. WYAC will appoint one COVID Safe Official (CSO) every Friday to ensure that COVID practices are being abided by for the duration of the competition. The WYAC will assign responsibilities and checklists to the CSO that are only related to their role. The CSO will advise the President of the club if unsafe practices are detected and if more COVID Safe Officials are required. The President will liaise with the CSOs to ensure adequate CSO resources are available.

CSOs must advise those attending competition to go home if they have:

- any cold or flu symptoms (temperature, sore throat, cough);
- been in direct contact with a known case of COVID-19 in the last 14 days;
- high risk from a health condition (for example the elderly and those with pre-existing medical health conditions).

Attendees must inform the CSO if they are feeling unwell and can only return once medically certified to do so. Attendees must disclose to the CSO if they are being tested for COVID-19, and can only return once cleared by the health authorities, along with a medical certificate confirming their health.

The CSO must record the incident details in the attendance register and report the incident to the health authorities.

## **Attendance Registration**

Attendance will be recorded prior to competition each week in a designated open-air area where 1.5 distancing will be adhered to. Records will be maintained for a period of at least 28 days and will include details such as name, phone contact and email address. These details will only be used for COVID-19 follow up if required.

## **Equipment**

- The Coach and CSO only (or people designated by the CSO) can collect equipment from the equipment shed and then return it.
- Athletes are encouraged to bring their own water bottles, towels and other personal items to avoid sharing where possible.
- Athlete clothing is the athlete's responsibility and should not be in contact with other athlete's belongings. All athletes are required to wear their club singlet.
- Recording folders and pens should be used by one person where possible.
- Athletes will be expected to collect their own equipment after using.

- Disinfectant wipes will be used to clean equipment before and after use (the exception being if an athlete supplies their own equipment).
- Athletes will be required to sanitise their hands after using equipment, including their own.
- During competition, designated adults will be asked to rake, broom, time keep and to tape measure for events.
- High jump is permitted if all equipment is thoroughly cleaned after the session and if each athlete sanitises their hands after each jump.
- Javelins can be used as long as they are cleaned and sanitised for use for each athlete.
- After athletes complete each jump into the sandpit, they must sanitise their hands.
- Whistles are not to be shared.

### **Competition**

Competition groups must not exceed 10 athletes at a time. WYAC will structure 2 competition sessions to ensure COVID safe numbers. Competition events will be spread out around the oval. Heats will be separated by at least 1.5m.

### **Cleaning**

Tables and toilets used must be thoroughly cleaned before and after competitions.

### **Agreement**

All attendees must comply with these protocols at all times otherwise breaches of these protocols may have legal ramifications.

Woody Yaloak Athletics Club agrees to comply at all times with the conditions set out in this document.

President: Kellie Anderson

Coordinator: Peter Luke (Athletics Victoria accredited)

Signature Date: 27/10/20

### **Contact**

If there are any enquiries related to WYAC's protocols then please contact our 'COVID Safe Official' in writing to [woadyaths@outlook.com](mailto:woadyaths@outlook.com).